

BREAKFAST

7AM – 12NOON

Carfraemill full breakfast grill 10.00

Ayrshire bacon, Overlangshaw Farm organic free range egg, cooked as you like it, local pork sausage & Stornoway black pudding, mushrooms, tomato & a tattie scone **GF AVAILABLE**

Carfraemill vegetarian breakfast 9.50

Overlangshaw Farm free range egg, vegetarian sausage & vegetarian haggis, baked beans, mushrooms, tomato & a tattie scone **GF AVAILABLE**

Eyemouth smoked haddock 8.00

With Overlangshaw Farm free range poached egg **GF**

Buttered Scottish kippers with lemon 7.50

Scottish smoked salmon & scrambled eggs **GF** 8.50

Oat porridge 3.50

Served with cream or milk

Homemade muesli 4.50

Delicious combination of oats, dried fruits, nuts & coconut, honey & orange juice, served with milk or yoghurt & red berries

On toast 3.50

Choose from organic eggs (poached or scrambled), or beans or pan-fried mushrooms or pan-fried tomatoes drizzled with balsamic glaze, served on hot, buttered granary toast (extra toppings £1.50 each) **V, VE, GF AVAILABLE**

Breakfast rolls 3.50

Choose from fried or poached organic free range eggs or Ayrshire bacon or local pork sausages (extra fillings £1.50 each) **V, VE, GF AVAILABLE**

Toast 1.50

With butter & honey, or marmalade or jam

V, GF AVAILABLE

DRINKS

Fruit juices 1.30

Orange, apple, grapefruit or cranberry

Brodies brewed coffee 2.50

White, black or decaffeinated

Three Hills 2.80

Double espresso, cappuccino, latte or flat white

Hot chocolate 2.80

Whipped cream optional

Breakfast tea 2.50

As you like it or decaffeinated

Speciality teas 2.50

Earl Grey, peppermint, camomile, lemon & ginger, red berry, green tea, jasmine tea

GF Gluten free **V** Vegetarian
DF Dairy free **VE** Vegan

There are 14 major allergens that appear in foods – while we don't list each ingredient or allergen on our menus, staff have been trained in this knowledge. Common sense is best practice and as a customer you also have a responsibility to inform us of your allergen or intolerance prior to ordering. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible. Fish dishes may contain bones and some game dishes may contain shot.

Note for severe allergy sufferers: all dishes are prepared in the same kitchen so it's not possible to guarantee zero trace of a specific allergen.

CARFRAEMILL

