

STARTERS

- Soup of the day** 4.50
Check today's special served with a baby beremeal roll
GF AVAILABLE
- Chicken liver parfait & chutney** 6.00
Homemade smooth pate, Carfraemill chutney & granary toast GF AVAILABLE
- Oat crusted haggis bonbons** 6.50
With whisky marmalade & peashoots VE AVAILABLE
- Creamy tarragon & garlic chestnut mushrooms** 5.50
On granary toast V & GF AVAILABLE
- Classic hummus** 6.00
With chicory, radishes, rainbow crudites & toasted pitta bread V, VE, DF & GF AVAILABLE
- Seafood platter**
Starter 7.50/Main 15.00
Belhaven smoked salmon & trout with prawns Marie rose & sweet pickled herring GF, DF

Please check our blackboard for today's specials and list of our local suppliers

SENIOR CITIZENS

For our senior citizens we are happy to provide smaller portions where possible. Please ask!

MAINS

- Mac & cheese** 11.50
Comfort eating with chunky chips & side salad V
- Carfraemill mince, tatties & dumplings** 12.50
Served with veg. Perfect comfort food!
GF AVAILABLE
- Fish & chips or scampi & chips** 13.50
Beer battered haddock fillet or breaded scampi with salad or peas, chips & tartar sauce. Steamed or breaded haddock on request
- Carfraemill's best ever steak pie** 13.50
A Carfraemill staple for over 20 years – best Border beef in a rich gravy, buttery pastry, chips & seasonal vegetables
- Veggie bolognese** 12.50
Gluten free vegan spaghetti, tasty veg and chickpea Bolognese topped with grated Italian style vegan cheese V, VE, GF DF
- Ayrshire ham salad** 13.50
Juicy ham, baby salad leaves, red onion, tomatoes, cucumber, fresh pineapple, chunky coleslaw and a herby potato mayonnaise
GF & DF AVAILABLE
- Roasted superfood salad** 13.50
Hearty combination of roasted squash, sweet potato, beetroot, sprouting broccoli, carrot shavings, seeds & sprouts with an apple cider, turmeric and honey dressing GF VE DF
- Carfraemill Scotch beefburger** 12.50
8oz 100% beef burger in a brioche bun with baby gem, plum tomato, pickled red onions, relish & skinny fries GF AVAILABLE
- Vegetable & spicy bean burger** 11.50
Our own special oat crusted vegetable burger in a brioche bun with baby gem, plum tomato, pickled red onions, rhubarb & beetroot ketchup & skinny fries VE
- 10oz Scotch sirloin steak** 24.50
Specially selected prime Scotch beef from our local butcher, Shaws in Lauder, served with chunky chips or skinny fries, portobello mushroom, onion rings & salad or peas
- Choose a sauce** 2.00
Pepper, Diane or Whisky GF

SUNDAY ROAST

Join us for our ever-popular Sunday roasts from £14.50 – £18.50. Check blackboard on the day!

DESSERTS

- Add a ball of local ice cream or sorbet to any pudding! 2.00
- Carfraemill meringues** 6.00
Filled with cream & topped with a choice of raspberry, toffee or chocolate sauce
- Legendary sticky toffee pudding** 6.00
With our homemade toffee sauce and a jug of cream
- Chocolate brownie** 6.00
Goosey chocolate brownie served warm with Overlangshaw salted caramel ice cream or any other ice cream of your choice from the blackboard
- Fruity crumble** 6.00
Ask for today's choice served with cream or custard
- Local ice creams & sorbets** 2.00 per scoop
Check out the blackboard for today's choices from Doddington Dairy or Overlangshaw Farm. If you like, add our home made raspberry, toffee or chocolate sauce

GF Gluten free V Vegetarian
DF Dairy free VE Vegan

There are 14 major allergens that appear in foods – while we don't list each ingredient or allergen on our menus, staff have been trained in this knowledge. Common sense is best practice and as a customer you also have a responsibility to inform us of your allergen or intolerance prior to ordering. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible. Fish dishes may contain bones and some game dishes may contain shot.

Note for severe allergy sufferers: all dishes are prepared in the same kitchen so it's not possible to guarantee zero trace of a specific allergen.