

# S O U T R A

Serving fresh coffee, teas, homebaking and snacks  
Winter time: 9am-4pm

catering by C A R F R A E M I L L



01578 750750 • [www.carfraemill.co.uk](http://www.carfraemill.co.uk)



We can rustle up our light bites quickly but if we are extremely busy, they may take a little longer. Please make us aware if you are in a hurry and we will do our best to help!

## Breakfast rolls

Ayrshire bacon roll or fresh pork sausages in a roll or two fried organic free range egg roll • £3.50  
Two fillings • £5.00 GF available

## Soup • £4.00

Two homemade daily changing fresh soups served with a crusty wholemeal roll. All soups are GF and GF rolls are available

## Sandwiches • £5.00

All sandwiches served with a choice of wholemeal or white thick cut bread served with house salad and chunky coleslaw

Choose from

Cheese with chutney or onion or tomato, organic egg mayonnaise, tuna & red onion, chicken & spring onion mayo, ham & wholegrain mustard, prawn marie rose

## Toasties • £6.00

All served with fresh house salad and homemade chunky coleslaw  
Choose any fillings from: cheese, tomato, chutney, onion, ham or brie, bacon & cranberry

## Baked potatoes • £6.50

All served with fresh house salad and homemade chunky coleslaw  
Tuna & red onion, cheese & pickle or onion or beans, chicken & spring onion mayo, organic egg mayonnaise with crispy bacon, spicy Cajun chicken, Coronation chicken, sweet chilli chicken, haggis & neeps

## Paninis, Flatbreads and Baguettes • £6.50

All served with fresh house salad and homemade chunky coleslaw  
Brie, cranberry & bacon, smoked salmon & cream cheese with lemon & black pepper, cream cheese & roasted veg, spicy Cajun chicken, Coronation chicken, sweet chilli chicken, mozzarella, tomato & basil, haggis & cheese (panini only)

## DELI SANDWICHES

• £7.50 •

Our sandwiches are served on wholemeal bloomer bread, with house salad and homemade chunky coleslaw. We can serve the fillings without bread plus extra salad if you prefer a lighter option

### The Farmer

Locally sourced medium rare beef and horseradish

### The Ploughman

Doddington's Cheese, ham, red onion chutney

### The Fisherman

Scottish smoked salmon & cream cheese or prawn marie rose & lemon wedge

### The Gardener

Hummus & roasted vegetables

## HOT DRINKS

### Filter

Regular • £2.00  
Large • £2.50

### Espresso

Regular • £2.00  
Large • £2.50

### Babyccino

for the little ones  
Free of charge!

### Hot chocolate • £2.50

Flavoured syrups,  
whipped cream or  
marshmallows: 50p each

### Cappuccino • £3.00

Latte • £3.00

Mocha • £3.20

Flat white • £3.00

Macchiato • £2.50

Chai tea latte • £2.50

Regular breakfast  
tea • £2.00

Speciality  
teas • £2.50

## SOMETHING SWEET

Daily changing selection of homemade cakes and traybakes

Assorted scones • £2.00 Cakes • from £2.50

Fruit loaves • £2.40 Traybakes • £2.40

Fresh cream meringue • £2.50 Shortbread • £1.80

Empire biscuit • £2.00

## SOFT DRINKS

Soft drinks priced from • £1.50

Please help yourself to a soft drink from the chilled cabinet

## SOMETHING FOR THE KIDS

Small sandwich, carton of juice, Pom bear crisps and piece of fruit • £3.50



Please advise if you have any allergies when ordering



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