

# SOUTRA

EAT IN, SIT OUTSIDE, OR TAKE AWAY!  
9AM-4PM DAILY

## BREAKFAST

**Morning rolls** 4.00  
Choose from organic free-range eggs, Ayrshire bacon, local sausages, haggis, Stornoway black pudding, potato scone. White or brown rolls. (Extra fillings £1.50)

**Scrambled eggs on toast** 5.00  
Served on white or wholemeal toast

**Toast with butter** 1.50  
Served with homemade jam or marmalade

## CARRY-OUT SANDWICHES

Selection of fillings 4.00

## SANDWICHES

Choice of white or granary bread. All served with house salad and homemade chunky coleslaw

**Choose from** 5.00  
Cheese with red onion chutney, **or** tomato, **or** onion;  
Tuna mayonnaise with red onion or sweetcorn;  
Organic egg mayonnaise

**Choose from** 5.50  
Ham with wholegrain mustard; Coronation chicken;  
Chicken & spring onion mayonnaise; Prawn marie rose;  
Smoked salmon & cream cheese

## SOUP & SANDWICH

**Homemade soup – check special's board** 4.40  
Served with a brown crusty roll

**Soup & sandwich combo (no salad)** 7.50/8.00  
Homemade soup and a sandwich of your choice.  
Choose from white or granary bread.  
Deli sandwiches not included

## SOMETHING FOR THE KIDS

Small sandwich, juice or milk, packet of pombears or mini cheddars & fruit or a teddy biscuit 4.00

## PANINIS & FLATBREADS

**Choose from** 7.00  
Cheese with red onion chutney or tomato **or** onion;  
Tuna & red onion mayonnaise; Organic egg mayonnaise

**Choose from** 7.50  
Ham & cheese; Coronation chicken; Prawn marie rose;  
Cajun chicken; Chicken & spring onion mayonnaise;  
Belhaven smoked salmon & cream cheese;  
Sweet chilli chicken; Mozzarella tomato & pesto;  
Haggis with neeps **or** cheese;

## TOASTIES

Choice of white or granary bread served with house salad & homemade chunky coleslaw 6.50

**Choose from**  
Cheese with tomato or onion or red onion chutney;  
Ham & cheese; Brie, bacon & cranberry

## BAKED POTATOES

**Choose from** 6.50  
Cheese with red onion chutney **or** tomato **or** onion **or** beans; Organic egg mayonnaise with crispy bacon;  
Tuna & red onion mayonnaise

**Choose from** 7.00  
Ham & cheese; Prawn marie rose; Cajun chicken  
Chicken & spring onion mayonnaise; Coronation chicken  
Sweet chilli chicken; Haggis with neeps or cheese  
Mozzarella tomato & pesto

Belhaven smoked salmon & cream cheese 8.00

## SWEET TREATS

**Carfraemill homemade shortbread** 2.00

**Empire biscuits** 2.20

**Homemade traybakes** 2.50  
Choose from our daily changing traybakes

**Meringues** 3.00  
Homemade meringues served with freshly-whipped cream & berries

**Homemade cakes/loaves** from 2.50

**Homemade scones** 2.20  
Add homemade jam for 50p

## COLD DRINKS

**Canned juice** from 1.50

**Bottled juice** from 2.00

**Bottled water** from 1.20

**Kids juice** 1.00

## HOT DRINKS

**Filter coffee or Espresso** regular 2.00/large 2.50

**Flat white** regular 2.50/large 3.00

**Latte or Cappuccino** 3.00

**Mocha** 3.20

**Americano** 2.50

**Pot of breakfast tea** 2.00

**Speciality teas or Chai tea latte** 2.50

**Hot chocolate** 2.50

**Babyccino** free

**Marshmallows or cream** 50p

SOYA MILK & ALMOND MILK AVAILABLE

VEGETARIAN, VEGAN, DAIRY FREE

& GLUTEN FREE options available. Please ask.

**Note for severe allergy sufferers:** all of our dishes are prepared in the same kitchen so it's not possible to guarantee zero trace of a specific allergen.