

CARFRAEMILL 

SOUTRA

Serving fresh coffee, teas,
home baking & snacks

APRIL–OCTOBER

9am–5pm daily

NOVEMBER–MARCH

9am–4pm weekdays
9am–4.30pm weekends

01875 833795

We can rustle up our light bites quickly
but if we are extremely busy, they may take a little
longer. Please make us aware if you are in a hurry
and we will do our best to help!

Please advise if you have any allergies when ordering

WIFI

No password

V Vegetarian

VE Vegan

DF Dairy free

There are 14 major allergens that appear in foods – while we don't list each ingredient or allergen on our menus, staff have been trained in this knowledge. Common sense is best practice and as a customer you also have a responsibility to inform us of your allergen or intolerance prior to ordering. We make all our meals from scratch but we also keep records of ingredient labelling wherever possible. Fish dishes may contain bones and some game dishes may contain shot.

Note for severe allergy sufferers: all of our dishes are prepared in the same kitchen so it's not possible to guarantee zero trace of a specific allergen.

Catering by Carfraemill

CARFRAEMILL 

01578 750 750

www.carfraemill.co.uk

EVENTS & PARTIES

Book Carfraemill for your special occasion. We have several private venue spaces and locally-sourced menus tailored to suit your event.

Birthdays & anniversaries

Meetings & conferences

Craft gin & malt whisky tastings

Afternoon teas & high teas

Reunions & family gatherings

Hen weekends

Weddings

Drinks events, balls & ceilidhs

Carfraemill
Lauder, Scotland
TD2 6RA

Junction A68/A697

Please ask us for details or visit us at
www.carfraemill.co.uk
for ideas and inspiration

CARFRAEMILL



COLD DRINKS

Canned juice from 1.50

Bottled juice from 2.00

Bottled water from 1.20

Kids juice 1.00

HOT DRINKS

Filter coffee regular 2.00/large 2.50

Espresso regular 2.00/large 2.50

Flat white regular 2.50/large 3.00

Latte 3.00

Cappuccino 3.00

Mocha 3.20

Americano 2.50

Pot of breakfast tea 2.00

Speciality teas 2.50

Chai tea latte 2.50

Hot chocolate 2.50

Babyccino free

Marshmallows 50p

Cream 50p

SOYA MILK & ALMOND MILK AVAILABLE

FULL BREAKFAST 9AM TO 11AM
MORNING ROLLS ALL DAY

SWEET TREATS

Carfraemill homemade shortbread	2.00
Empire biscuits	2.20
Homemade traybakes Choose from our daily changing traybakes	2.50
Aga-baked meringues Homemade meringues served with freshly-whipped cream & berries VE AVAILABLE	3.00
Homemade cakes	from 3.00
Homemade scones Add homemade jam for 50p	2.00
Homemade loaves Choose from our homemade loaves DAIRY-FREE AVAILABLE	2.50
Homemade tarts	from 2.50
Homemade cheesecakes Please check our blackboard for seasonal options.	from 3.50

Allergy Information

We offer a selection of sweet food items prepared from non-gluten containing ingredients.

NB: All foods are prepared in a kitchen which is also used for products containing gluten

BREAKFAST

Full Scottish Breakfast Ayrshire smoked bacon, potato scone, organic free-range egg, Stornoway black pudding or haggis, local pork sausages, beans or mushrooms, and one slice of toast. (Additional items from 50p extra)	8.00
Vegetarian breakfast Organic free-range eggs, vegetarian haggis, tattie scone, tomato, beans, mushrooms and a slice of toast	7.50
Morning rolls Choose from organic free-range eggs, Ayrshire bacon, local sausages, haggis, Stornoway black pudding, potato scone. Served on white or brown rolls. (Extra fillings £1.50)	4.00
Crumpet With two poached eggs and two rashers of Ayrshire smoked bacon	6.00
Scrambled eggs on toast Served on white or wholemeal toast	5.00
Toast with butter Served with homemade jam or marmalade	1.50

Allergy Information

Please advise us of any allergies before ordering.

We offer commercially bought gluten free bread, rolls and oatcakes for your savoury needs. We offer a selection of sweet food items prepared from non-gluten containing ingredients.

NB: All foods are prepared in a kitchen which is also used for products containing gluten

SANDWICHES

Choice of white or granary bread. All served with house salad and homemade chunky coleslaw

Choose from 5.00

Cheese with red onion chutney, or tomato, or onion
Organic egg mayonnaise
Tuna mayonnaise with red onion or sweetcorn

Choose from 5.50

Aga baked ham with wholegrain mustard
Chicken & spring onion mayonnaise
Coronation chicken
Prawn marie rose

DELI SANDWICHES

Served on a wholemeal bloomer, with house salad and homemade chunky coleslaw. We can serve the sandwiches without bread plus extra salad for a lighter alternative.

Choose from 7.50

The Farmer Locally-sourced medium rare beef with horseradish

The Ploughman Aga-baked ham, Doddington's cheese & red onion chutney

The Fisherman Belhaven smoked salmon with cream cheese **or** prawn marie rose both served with a lemon wedge

The Gardener Hummus & roasted vegetables **VE**

SOUP & SANDWICH

Homemade soup 4.40

Check specials board for today's soup.
Served with a brown crusty roll

Soup & sandwich combo (no salad) 7.50/8.00

Homemade soup served with a sandwich of your choosing. Choose from white or granary bread.
Deli sandwiches not included

SOMETHING FOR THE KIDS

Small sandwich, bottle of juice or glass of milk, packet of pombears or mini cheddars and a piece of fruit or a teddy biscuit. 4.00

PANINIS & FLATBREADS

Choose from 7.00

Cheese with red onion chutney, tomato, onion or beans
Tuna & red onion mayonnaise
Organic egg mayonnaise

Choose from 7.50

Aga-baked ham & cheese
Prawn marie rose
Belhaven smoked salmon & cream cheese
Cajun chicken
Chicken & spring onion mayonnaise
Coronation chicken
Sweet chilli chicken
Haggis with neeps **or** cheese
Mozzarella tomato & pesto

TOASTIES

Choice of white or granary bread served with house salad homemade chunky coleslaw 6.50

Choose from

Cheese with tomato or onion or red onion chutney
Aga-baked ham & cheese
Brie, bacon & cranberry

BAKED POTATOES

Choose from 6.50

Cheese with red onion chutney **or** tomato **or** onion **or** beans
Tuna & red onion mayonnaise
Organic egg mayonnaise with crispy bacon

Choose from 7.00

Aga-baked ham & cheese
Prawn marie rose
Cajun chicken
Chicken & spring onion mayonnaise
Coronation chicken
Sweet chilli chicken
Haggis with neeps or cheese
Mozzarella tomato & pesto

Choose from 8.00

Belhaven smoked salmon & cream cheese